

What Parents Need to Know about Fentanyl

Fentanyl is the leading cause of death for people ages 18-45.

Fentanyl comes in a pill or powder.

The pills are made to **look like legitimate medication** such as oxycodone or Percocet. You can't tell if a pill or powder contains fentanyl – **you can't see it, smell it or taste it.**

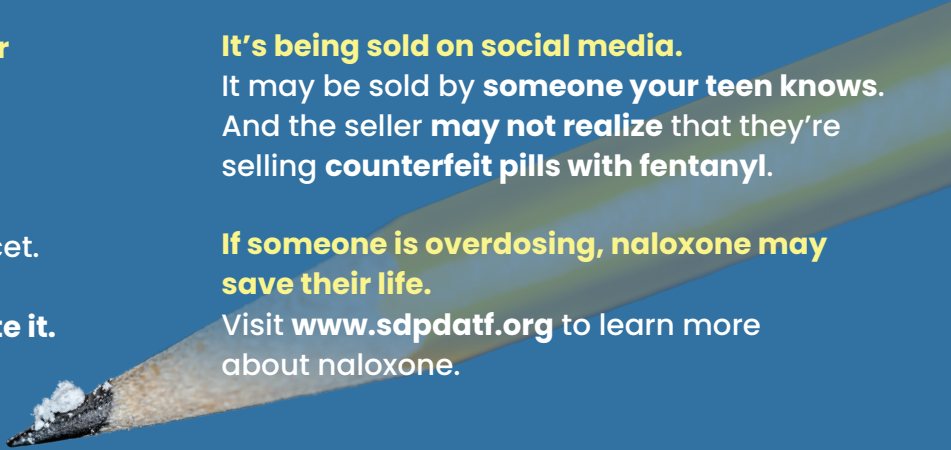
As little as 2mg of fentanyl can kill.

It's being sold on social media.

It may be sold by **someone your teen knows**. And the seller **may not realize** that they're selling **counterfeit pills with fentanyl**.

If someone is overdosing, naloxone may save their life.

Visit www.sdpatf.org to learn more about naloxone.



Tips for talking to your kids about drugs: www.samhsa.gov/talk-they-hear-you/parent-resources



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Things to Look Out For

- Changes in friend group or isolation.
- Difficulty communicating, including possible slurred speech.
- Irritability or uncharacteristic disobedience.
- Neglecting personal appearance and hygiene.
- Low energy levels.
- Paraphernalia: cut down straws, aluminum foil, lighters, needles, spoons, glass pipes.

- A troubling reality is that some people never show outward signs that they are using or struggling.
- Keep communication lines open and be willing to have difficult conversations.
- Be available and nonjudgmental, encouraging your child to come to you with questions and concerns.

Where To Get Help

San Diego County Access & Crisis Line

Call 1-888-724-7240.

Free • Confidential • 24/7

2-1-1 San Diego

Call 2-1-1 for substance use and mental health treatment referrals.

It's Up to Us

Visit Up2SD.org for mental health and substance use disorder information and resources.

PDATF San Diego County

Visit www.sdpdatf.org for Community and Parent Fentanyl Education and Awareness Toolkits