

The San Diego Police Department Wellness Unit
Invites You To Attend:

***PROTECTING & SERVING OUR OWN:
Reducing Police Suicide & Building Resiliency***

FEATURING: Robert E. Douglas, Executive Director and Founder of the National POLICE Suicide Foundation

WHEN: Tuesday April 16th, 2013
8:00a.m.- 5:00p.m. LE personnel, chaplains, mental health providers and other LE help resources
6:30p.m. -8:30p.m. police families (parents and spouses)

WHERE: Shadow Mountain Community Church
2100 Greenfield Drive, El Cajon, CA
(the church coffee café will be open at 7:15 a.m.)

About the speaker: Robert Douglas is a leading expert in the area of police suicide according to Dateline, CNN, Time Magazine, and USA Today. He is also the author of four books: *Death with No Valor*, *Hope Beyond the Badge*, *Healing for a Hero's Heart* and soon to be published, *The art of Being You*. Bob served as a US Marine, 25-year veteran of two police departments, 24 years as a pastor, and served several law enforcement agencies as a chaplain.

All Law enforcement personnel are encouraged to attend.
Questions? Call Captain Sarah Creighton 619.531.2252 or
Sergeant Tod Bassett at 619.531.2243

